



The Signature Facial

By Seed to Skin Tuscany

Welcome to the transformative world of Seed to Skin Tuscany's Green Molecular Science, where we present our latest facial ritual aimed at enhancing your natural glow, promoting cell renewal, and providing a splendid face toning experience. The ritual begins with our initial steps, focusing on deep cleansing and exfoliation, ensuring a clean canvas for the subsequent treatments. Next, we introduce our signature lifting and sculpting Gua Sha massage, skilfully applied to enhance facial contours and stimulate circulation, leaving you with a rejuvenated appearance. To take your skin's hydration to new heights, we employ our intensive hydrating hydro-gel moisture mask, The Golden Dew, in combination with The Alginate Mask. This potent duo works in harmony to deeply penetrate your skin's revitalised cells, infusing them with nourishing moisture and revealing a lasting, radiant glow, along with numerous other benefits. To amplify the overall effect, our Cryo Globes come into play. These innovative tools are designed to improve circulation and promote brightness, leaving you with a fresh and revitalised complexion that endures long after the treatment has concluded.

TREATMENT OVERVIEW

1. Preparation & Consultation
2. Grounding & Connecting
3. Double Cleansing
4. Detoxifying Mask & Scalp Ritual
5. Massage Ritual
6. Mask Ritual & Hand and Arm Massage
7. Hydrating Complex
8. Closing Ritual

STEPS	PRODUCTS NEEDED	TOOLS NEEDED
1. Preparation & Consultation	-	Consultation Card
2. Grounding & Connecting	The Flower Sphere Bliss	-
3. Double Cleansing	The Divine Cleanse	2 Mitts/Flannels Cotton pads/Tissue
4. Detoxifying Mask	The Black Magic	1 Bowl 1 Metallic spatula 2 Brushes 2 Black mitts Cotton pads/tissue Jade Combs
Scalp Ritual	-	-
5. Massage Ritual	The Midnight Miracle	Gua Sha
6. Mask Ritual	The Golden Dew with The Alginate Mask	2 Bowls 1 Metallic spatula 1 Silicon spatula 2 Brushes 2 Mitts/Flannels Cotton pads/tissue
Arms Massage	The Devotion Vetiver/Linden Flower	-
7. Hydrating Complex	The Dew Mist The Alche'Mist The Biom'Sphere The Eye Rescue Light Time The Cure/The Cure for Men	- - - 2 Eye wands Cryo Globes
8. Closing Ritual	The Flower Sphere Cocoon	Product Recommendation Card

EDITION 1 - August 2023





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PROTOCOL

Preparation & Consultation

- Consultation can be done while the guest is seated in the waiting area or once on a treatment bed.
- Assess the guest needs (contraindications, allergies, products used, health history, questions/concerns).
- Explain products, benefits, and the facial treatment prior to starting.
- Invite the guest to make themselves comfortable on the treatment bed (face up).

Grounding & Connecting Ritual (2 mins)

- Perform Welcome touch ("bear walking"), starting from the feet towards the head.
- Apply hands to the heart and diaphragm of the client and ask them to take three deep breaths to provide grounding.
- Perform aromatherapy inhalation with **The Flower Sphere Bliss**.

Double Cleansing Ritual (5 mins)

- Apply **The Divine Cleanse** to the face, neck and décolleté.
- Perform a deep cleansing massage, then emulsify with water and remove with warm mitts/towels.

Exfoliating & Detoxifying Ritual (15 mins)

- Apply **The Black Magic** with 2 mask brushes to the face, neck and décolleté avoiding the eye area.
- Perform: Scalp massage with the Jade Combs.
- Remove the mask with warm black mitts/towels.

Massage Ritual (20 mins)

- Apply up to 6 decants of **The Midnight Miracle** to face, neck and décolleté and perform the Myofascial massage.
- Use 2 Gua Sha stones to perform the lifting & firming massage.
- Gently remove excess product on the face and neck with dry tissue/cotton pads, as needed.

Mask Ritual (20 mins)

- Overlap tissue around the lining of the client's head towel.
- Apply a very thin layer of **The Golden Dew** with 2 mask brushes in long sweeping motions to face, neck and décolleté, starting at the forehead and working down to the décolleté.
- Decant 9 gr of **The Alginate Mask** into a bowl and slowly add lukewarm water. With a silicone spatula quickly mix the mask together to create a smooth texture.
- Apply The Alginate Mask from the forehead downwards, covering the face and neck in quick elongated movements.
- **Optional:** If the guest is comfortable, **The Alginate Mask** can be placed directly over the eyelids and lips.
- Perform hand and arm massage using **The Devotion Vetiver/Linden Flower**.
- Gently peel **The Alginate Mask** starting from the chin and working upwards.
- Remove any mask residue with cool damp cotton pads.
- Gently spritz **The Dew Mist** over the face, neck and decollete.

Hydrating Ritual (10 mins)

- Spritz The Alche'mist over the face and neck area.
- Apply a small amount of **The Eye Rescue Light Time** to the eye area using 2 **Eye Wands** for lymphatic stimulation around the eyes.
- Apply **The Cure/The Cure for Men** to face, neck and décolleté and perform Cryo Globes sequence.

Closing Ritual (3 mins)

- Finish your treatment with **The Flower Sphere Cocoon** and grounding "bear walking", starting from the head downwards to your client's feet.
- Follow with the Recommendation Card and recommendations for your client's needs.

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TREATMENT ROOM PREPARATION

Products

- The Flower Sphere Bliss** - Room Spray - Welcome Touch (0,1ml)
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- The Divine Cleanse** – Cleanser - All skin types (2ml)
- The Black Magic** – Mask - Aging/Congested (3ml)
- The Midnight Miracle** – Massage - Aging/Dry (3ml)
- The Golden Dew** – Mask - Dry/Dehydrated (3ml)
- The Alginate Mask** - All skin type - Sealing Mask
- The Devotion Vetiver/Linden Flower** - Hand and Arm Massage
- The Dew Mist** – Essence - Dry/Dehydrated skin (0,5ml)
- The Alche'Mist** – Serum - Aging/Dull (0,5ml)
- The Biom'Sphere** – Serum - Sensitive/Dehydrated (1ml)
- The Eye Rescue Light Time** - Aging/Dehydrated - Eye Treatment (0,2ml)
- The Cure/The Cure for Men** – Moisturizer - Aging/Dehydrated (1ml)
- The Flower Sphere Cocoon** - Room Spray- Closing Ritual (0,1ml)

Tools

- 2 Gua Sha
- 2 Cyro-globes
- 2 Eye Wands
- 2 Jade Combs

Necessities

- 6 mitts/ hot towels in hot cabbie
- 2 Black mitts
- 4 Mask brushes
- Small bowls
- Small spatulas
- Silicone spatula
- Measurement container
- Small bowl of water

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