



The Cocoon

By Seed to Skin Tuscany

Body

Soothing | Nurturing

This exceptional head-to-toe treatment delivers a multi-sensory experience. The journey starts with a gentle body brush exfoliation to stimulate the lymphatic system. This ritual continues with a tension-melting warm candle massage & skin restoring body wrap rich in argan oil, shea butter, and pure extracts of vanilla rose and precious oud wood. Whilst cocooned, indulge with a tension releasing, soothing Jade comb scalp massage for a pleasant sensation of well-being.

60 minutes

TREATMENT OVERVIEW

1. Preparation & Consultation
2. Grounding & Connecting
3. Dry Body Brush
4. Candle Massage & wrap
5. Closing Ritual

STEPS	PRODUCTS NEEDED	TOOLS NEEDED
1. Preparation & Consultation	-	Consultation Card
2. Grounding & Connecting	The Flower Sphere Bliss	-
3. Dry Body Brush		Seed to Skin Tuscany Body Brush
4. Candle Massage	Candle Massage Refillable	Hot Cabbie Wrap: The Bio-Sheet
5. Closing Ritual	The Flower Sphere Cocoon	Product Recommendation Card

EDITION 1 - August 2023



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PROTOCOL

Preparation & Consultation

- Place the Massage Candle into a hot cabbie 10-15 minutes prior to the treatment.
- Consultation can be done while the guest is seated in the waiting area or once on a treatment bed.
- Assess guest needs (contraindications, allergies, products used, health history, questions/concerns).
- Briefly explain products, benefits, and the treatment prior to starting.
- Invite the guest to make themselves comfortable on the treatment table (face up). Leave the treatment room for the guest to prepare.
- Re-enter the room, ensure the guest is comfortable. Proceed to wash your hands and begin the treatment.

Grounding & Connecting Ritual

- Perform aromatherapy inhalation with **The Flower Sphere Bliss**. Place one hand on your guests shoulder and spritz gently over the guest asking them to take three deep breaths to provide grounding.
- Perform Welcome touch ("bear walking") starting from the head towards the feet and finish with firm pressure.

The Brushing Ritual – face down

- Uncover the left side of the body and perform dry body brushing to the left, side of the back and arm with vigorous upward strokes.
- Cover and repeat the brushing on the right side of the body. Cover when completed.
- Uncover the back and perform additional dry body brushing movements to the back.

The Candle Ritual

- Apply warm **The Massage Candle** to the entire back with slow firm strokes and perform a back massage tailored to your client's need.
- Perform the candle massage on the back of the legs and arms.
- Cover and ask your guest to turn over.
- Repeat **The Brushing & The Candle Ritual** on the front side of the body.
- Wrap your client in The Bio-Sheet and cover with a blanket for warmth.
- Perform a tension releasing Jade Comb scalp massage.
- Gently unwrap your guest and massage in any Massage Candle residue.

Closing Ritual

- Finish your treatment with **The Flower Sphere Cocoon** and grounding "Bear Walking", starting from the head downwards to your guest's feet and finish with a firm pressure.
- Using the prescription booklet & your recommendations, educate your guest on what they need and why.

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TREATMENT ROOM PREPARATION

Products

The Candle Massage - Refillable- 1000ml

The Flower Sphere Bliss - Welcome Ritual - (0,1ml)

The Flower Sphere Cocoon - Closing Ritual - (0,1ml)

Necessities

- One Small Towel
- One Large Blanket

Tools

- Dry Body Brush
- Bio- Sheet
- Jade Comb

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