



Tuscan Candle Massage

By Seed to Skin Tuscany

Nourishing | Calming | Hydrating

This exceptional head-to-toe treatment delivers a multi-sensory experience. The journey starts with a gentle body brush exfoliation to stimulate the lymphatic system. The ritual continues with a tension-melting warm candle massage & skin restoring body wrap rich in argan oil, shea butter, and pure extracts of vanilla rose and precious oud wood. While being cocooned, the Facial Ritual will stimulate cellular regeneration and promote lasting tranquillity and a feeling of well-being.

60 minutes

TREATMENT OVERVIEW

1. Preparation & Consultation
2. Grounding & Connecting
3. Candle Massage
4. Closing Ritual

STEPS	PRODUCTS NEEDED	TOOLS NEEDED
1. Preparation & Consultation	-	Consultation Card
2. Grounding & Connecting	The Flower Sphere Bliss	-
3. Candle Massage	Candle Massage Refillable	Hot Cabbie
4. Closing Ritual	The Flower Sphere Cocoon	Warm Towels Product Recommendation Card

EDITION 1 - August 2023





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PROTOCOL

Preparation & Consultation

- Melt The **Massage Candle** – 20 mins before the treatment starts.
- Assess guest needs (contraindications, allergies, products used, health history, questions/concerns).
- Briefly explain products, benefits, and the treatment procedure prior to beginning.
- Invite the guest to make themselves comfortable on the treatment table (Face Down) Leave the treatment room for the guest to prepare.
- Re-enter the room, ensure the guest is comfortable. Proceed to wash your hands and begin the treatment.

Grounding & Connecting Ritual

- Perform aromatherapy inhalation with **The Flower Sphere Bliss**. Place one hand on your guest's shoulder and spritz gently over the guest asking them to take three deep breaths to provide grounding.
- Perform Welcome touch (" bear walking ") starting from the head towards the feet and finish with firm pressure on the feet.

The Candle Ritual

Gently uncover the client's back prior to the application of the Massage candle.

- Before application, ensure that the temperature of **The Massage Candle** is comfortable for the client, by testing it on your own hand.
- Pour **The Massage Candle** down the spine & effleurance out and across the entire back with slow firm strokes.
- Perform a pressure check & continue with a tailored back massage.
- Cover the back after completion.
- Continue with legs and a foot massage.
- Re-cover your guest, inform them to gently turn over to face upwards.
- Repeat The Candle Ritual on the front side of the body including the abdomen.

Closing Ritual

- Finish your treatment with **The Flower Sphere Cocoon** and grounding "bear walking", starting from the head downwards to your guest's feet and finish with a firm pressure.
- Using the prescription booklet & your recommendations, educate your guest on what they need and why.

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TREATMENT ROOM PREPARATION

Products

The Flower Sphere Bliss - Room Spray - Welcome Touch (0,1ml)

The Candle Massage - Refillable- 1000 ml - (40 ml)

The Flower Sphere Cocoon - Room Spray- Closing Ritual (0,1ml)

Tools

- Hot Cabbie

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