



# Deeply Hydrating Facial

By Seed to Skin Tuscany

Embark on our advanced skin ritual, a transformative experience that unveils visible resurfacing, intense hydration, detoxification, and an invigorating oxygen boost. Seed to Skin Tuscany's meticulously handcrafted formulas harness the healing properties of nature while leveraging the efficiency of advanced science to deliver unparalleled results. Our state-of-the-art molecular delivery system penetrates deep into the skin, stimulating cell regeneration for remarkable rejuvenation. Targeted application of our potent signature masks addresses specific areas of the face and neck, infusing the purest activities to achieve optimal outcomes. Through advanced massage techniques, including Gua Sha, the facial features are sculpted, while restoring the skin's radiance and undeniable glow. This ritual epitomises the synergy of nature and science, leaving you with a revitalised and radiant complexion.

## TREATMENT OVERVIEW

1. Preparation & Consultation
2. Grounding & Connecting
3. Double Cleansing
4. Exfoliation
5. Skin Analysis & Mask Ritual - Scalp or Hand & Arm Massage
6. Facial Massage & Gua Sha
7. Hydrating Complex
8. Closing Ritual

STEPS	PRODUCTS NEEDED	TOOLS NEEDED
1. Preparation & Consultation	-	Consultation Card
2. Grounding & Connecting	The Flower Sphere Bliss	-
3. Double Cleansing	The Divine Cleanse	2 Mitts/Flannels Cotton pads/Tissue
4. Exfoliation	The Clarity Cleanse The Radiance	
5. Skin Analysis & Mask Ritual	The Black Magic The Golden Dew The Manuka-Nutri Mask The Peace	1 Bowl 1 Metallic spatula 2 Brushes 2 Black mitts Cotton pads/tissue
Scalp or Hand & Arm Massage	The Devotion Vetiver/Linden Flower	Jade Combs -
6. Facial Massage & Gua Sha	The Midnight Miracle The Fermen'Tonic	Gua Sha 2 Cotton pads
7. Hydrating Complex	The Dew Mist The Alche'Mist The Biom'Sphere The Eye Rescue Light Time The Cure/The Cure for Men	- - - 2 Eye wands Cryo Globes
8. Closing Ritual	The Flower Sphere Cocoon	Product Recommendation Card

EDITION 1 - August 2023





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## PROTOCOL

### Preparation & Consultation

- Consultation can be done while guest is seated in the waiting area or once on a treatment bed.
- Assess guest needs (contraindications, allergies, products used, health history, questions/concerns).
- Explain products, benefits, and facial treatment prior to the beginning.
- Invite the guest to make themselves comfortable on the treatment bed (face up).

### Grounding & Connecting Ritual (2 mins)

- Perform Welcome touch ("bear walking"), starting from the feet towards the head.
- Apply hands to the heart and diaphragm of the guest and ask them to take three deep breaths to provide grounding.
- Perform aromatherapy inhalation with **The Flower Sphere Bliss**.

### Double Cleansing Ritual (5 mins)

- Apply The Divine Cleanse to the face, neck and décolleté.
- Perform a deep cleansing massage, then emulsify with water and remove with warm mitts/towels.

### Exfoliating & Detoxifying Ritual (5 mins)

- Apply the selected exfoliator to the face, neck and décolleté and perform gentle exfoliation (**The Radiance/The Clarity Cleanse**).
- Remove with warm mitts/ towels.

### Skin Analysis Mask Ritual & Arms Massage (25 mins)

- Perform a skin analysis of the forehead, cheeks, jawline & neck.
- Select & Apply the most suitable mask for each area (**The Golden Dew/The Black Magic/The Manuka-Nutri Mask-The Peace**).
- Leave the prescribed mask on for 15/20 mins.
- Perform hand & arm massage with The Devotion Vetiver/Linden Flower.
- Use 2 mitts/towels to remove the mask.
- Remove any mask residue with damp cotton pads.
- Gently dry the skin with tissue.

### Massage Ritual (20 mins)

- Apply up to 6 decants of **The Midnight Miracle** to the face, neck and décolleté and perform facial massage.
- Perform the Gua Sha massage.
- Apply **The Ferment'Tonic** with two cotton pads.
- Apply **The Dew Mist** with two cotton pads.

### Hydrating Ritual (15 mins)

- Spritz **The Alche'mist** over the face and neck area.
- Apply a small amount of **The Eye Rescue Light Time** to the eye area using 2 **Eye Wands** and perform lymphatic stimulation around the eyes.
- Apply **The Cure/The Cure for Men** to face, neck and décolleté and perform Cryo Globes massage.

### Closing Ritual (3 mins)

- Finish your treatment with **The Flower Sphere Cocoon** and grounding "bear walking", starting from the head downwards to your guest's feet and apply firm pressure.
- Using the prescription booklet & your recommendations, educate your guest on what they need and why.

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## TREATMENT ROOM PREPARATION

### Products

- The Flower Sphere Bliss** - Room Spray - Welcome Touch (0,1ml)
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- The Divine Cleanse** – Cleanser - All skin type (2ml)
- The Clarity Cleanse** - Cleanser - Sensitive/Acne (3ml)
- The Radiance** – Exfoliator - Dry/Dehydrated skin (2ml)
- The Golden Dew** – Mask - Dry/Dehydrated skin (3ml)
- The Black Magic** – Mask - Aging/Congested (3ml)
- The Manuka Nutri-Mask** – Mask - Dry/Uneven skin tone (3ml)
- The Peace** – Mask - Sensitive Skin (2g)
- The Devotion Vetiver/Linden Flower** - Body Hydration - Arms Massage
- The Midnight Miracle** –Face Oil - Massage - Aging/Dry (3ml)
- The Fermen'Tonic** - Toner - Congested/Aging (2ml)
- The Dew Mist** – Essence - Dry/Dehydrated skin (0,5ml)
- The Alche'Mist** – Serum - Aging/Dull (0,5ml)
- The Biom'Sphere** – Serum - Sensitive/Dehydrated (1ml)
- The Eye Rescue Light Time** - Eye Cream - Aging/Dehydrated - Eye Treatment (0,2ml)
- The Cure/The Cure for Men** – Moisturizer - Aging/Dehydrated (1ml)
- The Flower Sphere Cocoon** - Room Spray- Closing Ritual (0,1ml)

### Tools

- 2 Gua Sha
- 2 Jade Combs
- 2 Cryo-Globes
- 2 Eye wands

### Necessities

- 6 Mitts/ Towels in hot cabbie
- 2 Black mitts
- 4 Mask brushes
- Metallic spatulas
- Small bowls
- Small bowl of water

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